

FEARLESS: *Take it to the streets!*

Search and find an action and take part—Participate in 350.org's Divestment Day rallies worldwide in February 2016.

Start your own action, because all great things start small, from a single idea put in motion by someone, somewhere. That could be you.



So step right up, people!

If you feel like you've waited long enough, maybe you have. The only wasted action is the one that isn't done! We are, after all, only trying to save the world.

Use Only What You Need

Quick Tips:

- Shop at consignment shops
- Inflate your tires
- Borrow where you can
- No fans on if no one is in room
- No lights if no one is in room
- Lower temp of water heater
- Air dry dishes, scrape rather than rinse first
- Avoid dryer, dishwasher from Noon—8:00pm
- Use right sized pots and pans for cooking

Further Resources

- * Energy.gov/energysaver/articles/tips-green-your-home
- * Top 10 Energy-Saving Tips
<http://www.goodhousekeeping.com/home/g2359/energy-saving-tips/>
- * *The Activist Lifestyle*, Bill Huggins,
<http://wearewildness.com/the-activist-lifestyle/>

Our energy footprint is not just a bill we try to minimize – but a moral set of choices we make for ourselves, our children, our grandchildren ... our Progeny ... our planet. Your Green First Task Force provides the information in these brochures to help you make better choices. Reach out to us with your questions.

Your local Go2 Green Guide

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LIVING OUR VALUES SERIES

Guide to How to Get Going Green



Step right up folks!

If you are concerned about what the human occupation is doing to our shared environment, have we got options for YOU!

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LEVEL ONE: Adopt the three R's as your new mantra:

Reduce, Reuse, Recycle!

And *inform yourself*—knowledge is power!



- Read the classics: Aldo Leopold, Rachel Carson, Ed Abbey, Gary Snyder, Bill McKibben, Naomi Klein.
- Sign up to environmental websites and Facebook pages for up-to-date news and activist links.
- Take a few actions, sign a petition, and start posting environmental news to Facebook and Twitter and Instagram.
- Encourage debate among your friends and peers.



LEVEL TWO: Do something

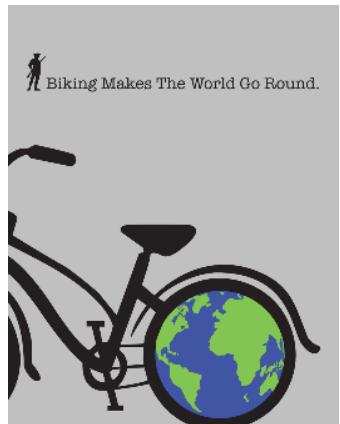
Join an environmental group

Reduce animal protein you eat—cut meat down to one to three times a week, eat grass-fed meat.

Frequent a farmers' market or subscribe to a Community Supported Agriculture (CSA) near you.

GET OUTSIDE! Walk more, buy a bicycle or use a bike share program.

Sign up for the **Rewild Your Life 30-day Challenge**—spend 30 minutes every day outside in nature.



LEVEL THREE: Make radical changes! To reduce your impact on our stressed Mother Earth



- Stop driving gas-guzzling vehicles—ride your bike, take public transportation, carpool.
- Buy sustainable food and clothes.
- Divest your investments from fossil fuels and reinvest them in companies working toward a cleaner, greener future.
- Install solar panels on your home (or buy panels in a local Solar Garden) that can one day charge your electric car.
- Replace your natural gas furnace with a geothermal heat pump furnace.



- Go vegan. Support cafes and restaurants that are cruelty-free.
- Reconnect with Mother Earth. Grow something edible.